



Brought to you by the Culpeper County Board of Supervisors

A Message from the Board of Supervisors



Dear Citizens:

This issue of the Culpeper Minutes is our 29th. We sincerely hope that you continue to enjoy it and find it informative. Culpeper continues to grow and thrive. Our community spirit is alive and well, as demonstrated again this year by the fantastic turnout for the Soap Box Derby and for the 4th of July celebration. We hope that you have had an opportunity to enjoy these events, and that you are having a wonderful summer.

Take a look inside this issue of the Culpeper Minutes. If you have any questions or comments, please do not hesitate to contact a County staff member or a Member of the Board of Supervisors. We value your input!

Thank you.

For the Board,

Steven E. Nixon, Vice Chair West Fairfax Larry W. Aylor Cedar Mountain William C. Chase, Jr. Stevensburg Ju Flor

John F. Coates, Chairman Board of Supervisors Salem District Sue D. Hansohn Catalpa

Brad Rosenberger Jefferson

Steven L. Walker East Fairfax

Meetings of the Board of Supervisors are held the first Tuesday of each month: at 10 a.m. for general County business and at 7 p.m. for a public forum, planning business and public hearings. Agendas are available prior to the meetings at the Library and on the County website at www.culpepercounty.gov and minutes are available following the meetings. Video coverage is provided by Channel 21.

www.culpepercounty.gov

Culpeper County Board of Supervisors

To contact your Supervisor, you may email: supervisors@culpepercounty.gov or call the County Administration Office at 727-3427, or call directly as follows:

> Chair John F. Coates 547-2619 Salem District

Vice Chair Steven E. Nixon 825-5768 West Fairfax District

William C. Chase, Jr. 399-1218 Stevensburg District

> Sue D. Hansohn 825-1893 Catalpa District

Larry W. Aylor 825-0582 Cedar Mountain District

Brad C. Rosenberger 937-4928 Jefferson District

Steven L. Walker 825-7716 East Fairfax District

The Board meets the 1st Tuesday of each month

10 a.m. General County Business

7 p.m.
Public Forum
Planning Business
Public Hearings

Agendas are available prior to Board Meetings on the County Website at www.culpepercounty.gov and in the Culpeper County Library

Congressman Eric Cantor

It is my honor to serve as your representative in the U.S. Congress, and I appreciate this opportunity to provide an update on some key issues. First and foremost, at the end of June, we saw the demise of the Senate immigration bill. As I said then, the Senate bill was the wrong bill at the wrong time. The American people want and deserve Security First! We must secure the borders before we can deal with the 12+ million illegal immigrants already here. We have to fix the leak before cleaning up the flood. In addition, empowering local law enforcement with the necessary tools and resources to fight illegal immigration at the local level is a

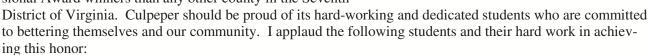
As a member of the House Committee on Ways and Means, I continue to fight for lower taxes and less government regulation. I continue to believe it is best when the people, not government, can make decisions about family and finances. I pledge to continue working to cut wasteful government spending and insist on transparency and accountability when the people's taxpayer dollars are at stake.

Thank you for the continued trust you place in me as I represent the great Seventh District of Virginia. It is an honor and a privilege.

Seven Culpeper Students Earn Congressional Awards

This May, I had the opportunity to present Congressional Awards to seven deserving Culpeper students at a ceremony held in Washington, D.C. The Congressional Award, which was created in 1979 by the United States Congress, recognizes achievement, initiative, and service in America's youth. Participants in the program set and achieve personal goals in four areas: public service, personal development, physical fitness, and expeditions. Participants can earn Gold, Silver, and Bronze Congressional Award Certificates and Gold, Silver, and Bronze Congressional Award Medals.

Over the last six years, Culpeper has produced more Congressional Award winners than any other county in the Seventh



Gold Medalist

Leah-Marie Walker dedicated over 500 hours of her time volunteering at her 4-H camp and helping serve food at Camp Fantastic. She also completed a nine-week program as a page in the Virginia General Assembly.

Silver Medalists

Meagan Bedsaul volunteered over 100 hours of her time to the Culpeper County Library and the Culpeper County Field Hockey Team.

Farren Dodson dedicated over 100 hours of her time to a local library and hockey team.

Bronze Medalists

Jacqueline Vance Bedsaul volunteered over 100 hours with Reva Fire and Rescue and the Culpeper County Field Hockey Team.

Carlyle Dodson dedicated over 100 hours of his time to a local library and the Culpeper School system. **Jake Maloy** volunteered over 100 hours at the local library and the hospital and also helped install computer software.

Jere Willis volunteered 100 hours of his time at the Museum of Culpeper History and at the Windmore Foundation of Arts.

Nominations to United States Service Academies

As a Member of Congress, I have the honor and responsibility of nominating students from the Seventh District to attend the U.S. Service Academies, including the U.S. Military Academy at West Point, U.S. Naval Academy, U.S. Air Force Academy and U.S. Merchant Marine Academy. Students must obtain a congressional nomination in order to complete their applications for admission to one of the academies. Interested students can download the nomination application package from my website at http://cantor.house.gov/ nom.htm. This package provides general guidance regarding the nomination and application process. Applications for the Class of 2012 are due to my office by October 5, 2007, and interviews will likely take place in early November.

If you have any questions or would like additional information on any programs offered, please do not hesitate to contact my office at (540) 825-8960, or (800) 438-3793.

You can also visit my website at http://cantor.house.gov



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This newsletter is a quarterly publication to the citizens of Culpeper County by the Board of Supervisors. It is designed to present and provide information about issues affecting those who live in Culpeper. Over 20,000 copies are distributed, one to each mail address in Town, County, and to each U.S.P.S. Box within the Town and County of Culpeper.

The newsletter is also available online at www.culpepercounty.gov

Comments and suggestions may be emailed to:

dhoffman@culpepercountv.gov

Letter to the Editor

A CLOSER LOOK AT FULL CIRCLE THRIFT SHOP

Have you ever wondered why the atmosphere at the Full Circle Thrift Store is so welcoming? Why the staff seems especially interested in solving your problem? I took a look behind the scenes with store manager Pam Lohr to answer these questions. What I found was a thrift store which offers much more than the average commercial thrift store, a store where much thought is given to making everyone involved-every group, every family, every individual - - feel valued.

As Pam Lohr reminds me, the motto of Full Circle Thrift is "Culpeper Helping Culpeper," and that motto pervades every aspect of the thrift store. It begins with the fact that, unlike nationwide thrift stores, Full Circle's profits remain 100% in Culpeper. These profits -- nearly \$200,000 in four years -- go to Culpeper Human Services's emergency fund, to help the elderly, and, in escrow, to a future community center.

Full Circle also works closely with Sam's Place, a community outreach center for families who may not be covered by the Department of Social Services, often families who may be facing an unforeseen emergency. Sam's Place can issue vouchers to the thrift store so that these families may then get clothing and/or basic furniture from the thrift store to tide them over. S. A. F. E, Head Start, and Families First also may give their needy clients vouchers to the thrift store. In more than one case, Full Circle has provided a complete outfit for a S.A.F.E. client's upcoming job interview. "We view everyone who comes through our doors as friends and neighbors," says Lohr.

But "Culpeper Helping Culpeper" means more. Under the VIEW program, for example, Full Circle provides a training ground for people who need job experience; the program instills good work habits and teaches the basic skills they will need to become self-sufficient. Four individuals have already graduated from the program and have jobs; and, adds Lohr, "we hope that their children will see their parents as role models in the working world."

"Speaking of children," Lohr says, leading me upstairs, "we have set aside an area for young children, with children's books, interactive games, and children's TV shows." The area is attractively enclosed with a small-scale picket fence, and stuffed animals perch here and there. A busy mom could park her children safely here while she looks

over the many adult books nearby. The store sold approximately 13,000 books last year, which generated about \$4,500 in sales. (Books are half price on Tuesdays and Fridays.)

An unusual program, one which Lohr innovated, will appeal to anyone who has had to confront a convalescence - - or a permanent disability – and all its unforeseen expenses. Currently, Full Circle donates all their donated convalescent equipment to the Veterans of Foreign Wars. "If someone requires any equipment," says Lohr, "we refer them to the V. F. W. which then **lends** [no charge!] the equipment to the individual as long as necessary." (emphasis added). Motorized wheelchairs, walkers, canes, crutches, and many more items are available.

Less large-scale, but no less attractive to the individual, are some policies which make Full Circle Thrift an unusual and unusually welcoming business. Pick-up is free (within a reasonable distance) and delivery is available for a nominal fee. Bring along some food items for the Food Bank, and you will receive a "10% off" coupon for each item. On Wednesdays and Saturdays, clothes, shoes, and purses are 50% off. Sign up for the Birthday Club, and you will receive a "15% off" coupon for your birthday.

Not quite sure that sofa will fit in your living room? Don't worry – Full Circle has a "24-hour Hold" policy. Looking for something special? Be sure to sign up on our Wish List! And when Christmas rolls around, come visit with Mr. and Mrs. Santa and receive a free Polaroid photo of the Santas pictured with your kids.

And then there's Customer Appreciation Day—from 11 to 3 on the second Saturday of July, volunteers offer games of chance, basketball free throw, face painting, and live music, free to the public. Hot dogs and barbecue sandwiches, soft drinks, and soft-serve ice cream are free to the public while they last. There are door prizes, including \$25 gift certificates to local stores, and many items at the thrift store are specially reduced for Customer Appreciation Day. "We value our customers," says Lohr, "and we let them know that in as many ways, little and big, that we can."

Full Circle Thrift is located at 210 Stevens St., Culpeper.

Phone: 540-727-8716

Sara Bossong Culpeper, Va 22701

Enrollment for Cosmetology Classes is now open!

Do you want a career that you are in control of? Do you want a career that allows you to be creative? Then an exciting career in cosmetology may be for you.

Cosmetology offers all of these things along with many others. Cosmetology is a \$54 billion industry. Not only does a licensed cosmetologist have the opportunity to make a great living, he or she has a wide variety of full and part time opportunities.

Culpeper Cosmetology Training Center offers a twelve-month Cosmetology course which teaches hair dressing skills, manicuring, pedicuring, and facials. The course will also teach you the salon business, as well as retail sales. Certified instructors teach all classes. CCTC is also accredited by the National Accreditation Commission for Cosmetology Arts & Sciences.

Tuition is low compared to other cosmetology schools. There is also financial aid available to qualifying students. In addition to classes being inexpensive, enrolling in the cosmetology program will also be convenient. The Culpeper Cosmetology Training Center is located in Downtown Culpeper and is convenient to the surrounding counties of Orange, Madison and Fauquier.

Culpeper Cosmetology Training Center is a non-profit educational facility. For further information or an application, please call CCTC at 540-727-8003.



Culpeper County Library

825-8691 or www.cclva.org

Children's Programs

Walk-In Storytimes!

Tuesdays at 7:00 p.m. & Fridays at 10:30 a.m. beginning September 11 and 14 and ending December 11 and 14, respectively.* No Registration is required for walk-in Storytimes; they are great for parents who work during the day, as well as for folks who like flexibility. On Tuesday evenings, children are encouraged to attend in their pj's and bring a favorite stuffed animal, so that they are ready for bed.

(*No Storytimes on November 6 due to the Election and November 23, the day after Thanksgiving.)



Sign-Up Storytimes

Tuesday Morning Storytimes

By registration only. The classes are limited in size and designed for specific age groups.

3 toddler classes (2-3 year olds with an adult) at 10:30, 11:00, and 11:30.

2 pre-school classes (3-5 year olds who go by themselves) at 10:30 and 11:30.

the Library at
825-8691 to check whether
there will be a Storytime.

Register Tuesday, September 4, 2006 for the September 11 - October 16 session. You must register in person. Library opens at 10:00.

Registration for the second session of Storytimes begins October 23. That session runs from October 30 to December 11, with no Storytimes on November 6 (Election Day.)

You must register in person.

A SPECIAL HALLOWEEN STORYTIME will replace the Bedtime Storytime on October 30. Children may come in costume and will have an opportunity to do their "Trick-or-Treating" at designated locations throughout the Library. Check the newspapers or our website for further information.

Don't forget Dial-a-Story at 825-0555. It's free. The stories change each week, so be sure to call often.

La hora de cuento

On Saturday, September 15 at 10:30 a.m. come join us for *La hora de cuento*, a bilingual Storytime. We will read stories, sing songs, practice rhymes, and have other fun activities - all in English and Spanish! It is a great time to make new friends and check out our growing collection of bilingual books! *La hora de cuento* is free and no registration is required! For more information call Jennifer at 825-8691.

Venga a unirse con nosotros sabado, el 15 de septiembre a las 10:30 de la mañana para *La hora de cuento*, que es bilingüe. Nos leímos historias, cantar canciónes, práctica rimas y otras actividades divertidas - todo en Inglés y Español! Es buen tiempo para hacer amigos nuevos y ver

nuestro colección de libros bilungües que esta creciendo. *La hora de cuento* es gratis y no necesitas registrar. Para más información llama Jennifer al número 825-8691.



Read to the Dogs!!! The dogs are back! The Welcome Waggers therapy dogs are coming back for more fun-filled Saturday mornings of reading! Children who are able to read are invited to come and choose a book to read to a dog. The programs will be held on September 8, October 13, and

November 10 at 10:30 am. Sessions are free, and there is no registration. A signed permission slip is required before children may participate in the program.

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THANKS TO OUR HELPERS! for the Summer Reading Program-Our grateful thanks go to the individuals, groups, and businesses whose contributions made our "Once Upon A Time" Summer Reading Program a wonderful success:

- The Friends of the Library for making the Summer Reading Program possible by underwriting expenses for supplies, prizes, parties, and performers.
- Petersen Jewelers for hosting the Ice Cream Party.
- Pamela Flaherty for providing Scholastic Books for grade-school-aged children who met their reading goals.
- The Storytime presenters for their time, energy, and expertise: Catherine Robledo from Medicine Man Gifts; Jon Simmons Virginia Game Warden; Cristy Nibblins, 4H Coordinator; Windmore Children's Theater; Mike Vinson; Officer Tim Sisk
- And last, but not least, our Library volunteers! We couldn't do it without them!

LOST IN TIME Teens thank the Friends for providing funding for the teen program.

Anime Club is going strong...be sure to join this fun group for discussion, movie watching, fun presentations from time to time on culture and food of Japan and more. This group for teens will be held on the following dates: September 26, October 24, November 28 and December 19 from 4:30-6:00 pm.



College Planning

Learn how to use Library and web resources for career exploration, researching colleges, learning the admissions process and some information on grants, scholarships, etc. The program is offered free of charge to the public, but you must register so that we can provide handouts. The programs will be held:

- College Planning for the Gifted Student October 15 at 7:00 p.m.
 Register at the Circulation Desk starting September 24.
- College Planning for Everyone October 18 at 7:00 p.m. Register at the Circulation Desk starting September 24.

Just in time for school! Great homework help sites.
Go to www.cclva.org and look at our home page on the bottom right or click on site index,
then click on any of the great links we have set up for kids.
Try Homework Help for any number of sites to help you get through the year.

National Library Card Sign-Up Month.....

September is National Library Card Sign-Up Month. Come to the Culpeper County Library and get the most important card you'll ever carry in your wallet. Think of all the things you can do with your card! Check out books, audio books, magazines, DVD's/videos, all at no cost. You can also access the internet using your card number and check out Genealogy sites and electronic resources.

Kids, what a great way to start the school year!!!!!!! Get your parents to sign you up for a card! Think of all the information you'll be able to have for all your upcoming school reports. Accelerated reader lists are available for your English classes and reading enjoyment. Sites are available for homework help and SOL practice tests.

Come to the Circulation Desk along with your picture ID and your current address. If you do not have a document with your address, we will mail a card to you. We look forward to your joining the Culpeper County Library.



Healthfest

This annual event sponsored by Healthy Culpeper presents area community services, health screenings and other information intended to improve the mind, body, or spirit of citizens and is slated for **Saturday, November 3.**

On November 3, from 9 a.m. to noon, the Culpeper County Library plays host to some 30 to 40 "local" private and governmental agencies, medical groups, educational, recreational, or informational organizations, and similarly focused entities.

This free event has access to a wealth of information and services, including programs, descriptive brochures, protective and identity items, free samples, bone-density, blood-glucose, cholesterol and other screenings, as well as timely vaccinations. Many of the screenings are free or available for a nominal cost. If your business would like to participate, please call Susan Keller or Elizabeth Hensley at 825-8691.

at with your address, we

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The Friends' Annual Meeting will be Tuesday, September 18 at 7:00 p.m. If you are interested in the Friends of the Library, now is a great time to see what they do and to get involved. The Annual Meeting only lasts about an hour.



FRIENDS OF THE LIBRARY BOOK STORE HOURS:

Monday: 10:30 a.m. - 12:30 p.m. Tuesday: 4:00 p.m. - 6:00 p.m. Thursday: 5:00 p.m. - 7:00 p.m. Saturday: 11:30 a.m. - 1:30 p.m.

Location: In the Culpeper County Library, at the back, next to the Computer Room

The Friends of the Library Book Store is a great place to find good reading for yourself and your family as the summer ends, and the weather turns cooler. We have a wide selection of books, from the latest fiction to the old classics, and from biographies to the sciences, with a little of all in between. Our prices range from free for a small number of items, to a few dollars for the really new books and collectors' editions.

Visit the bookshelf near the entrance to the Library even when the Book Store is closed. There are priced newer books, hardback non-fiction, hardback fiction, paperbacks, and a selection of children's and juvenile books. These may be purchased through the Circulation Desk anytime the Library is open. Also available for sale at the Circulation Desk are our large, super-sturdy book bags. Fill one up with your great Book Store finds!

Be on the lookout for information about upcoming book sales held by the Friends of the Library.

The volunteers of the Culpeper County Library Book Store thank you for your patronage and support. While you're in the Book Store, take a close look at the Friends' canvas book bags - so convenient and only \$8.00. We recommend them for carrying home all the great used books you'll be buying.

FRIENDS OF THE LIBRARY BOOK CLUB will meet next on September 20.

Both our new annual list of books for our monthly meetings, and copies of the current book are available at the Circulation Desk. The book is also available for purchase, at a discount, at The Corner Shelf book store.

Take part in our book club--read the monthly selection and join our lively discussions. We meet the 3rd Thursday of the month and hope to see you there!

Support the Library by sponsoring a leaf on **the Giving Tree** located in the Meeting Room. Your tax-deductible gift is a great way to honor a special friend or family member. Each leaf has space for a four-line inscription of your choice. Applications are available at the Circulation Desk. New leaves will be dedicated at the Friends of the Library Annual Meeting **Tuesday, September 18**, at 7:00 p.m.



"CAN YOUR FINES"

From November 11 to December 11 you may "CAN YOUR FINES" by bringing in one can of food for each overdue item or fine, and that overdue item or fine will be forgiven. Patrons with a previous fine on their records may bring in one can of food per fine, and the charge will be forgiven. All proceeds go to the Community Christmas Basket Program to help local families for the Holidays. Monetary donations may be made in lieu of a canned item. (This will not include Collection Agency accounts.)

HeritageQuest Online:

The Library has available a "unique, growing collection of research materials for tracing family history and American culture." Amateur or professional genealogists may now use this "powerful online library, with original page images for all documents," either at home or at the Library. Simply go to our homepage and link up!



Culpeper County Library 271 Southgate Shopping Center http://tlc.library.net/culpeper

540-825-8691



Historical Sanborn Maps

The Culpeper County Library provides digital access to the entire collection of Sanborn® Fire Insurance Maps for the State of Virginia. This historical collection includes 678 large-scale maps of 132 Virginia towns and cities, including Culpeper, Charlottesville, Warrenton and Richmond. Founded in 1867 by D. A. Sanborn, the Sanborn Map Company was the primary American publisher of fire maps for over 100 years, repeatedly mapping towns and cities as they changed. Sanborn® Fire Insurance Maps are the most frequently consulted maps in both public and academic libraries. Urban specialists, social historians, architects, geographers, genealogists, local historians, planners, environmentalists and anyone who wants to learn about the history, growth, and development of Virginia's towns and cities will find this collection invaluable.

You may access the Digital Sanborn Maps[™] through the Library's web site at <u>www.eclva.org</u> If you are inside the Library, you will need to enter your Library bar-code number to gain access.

"The Truth Is The Light If It's Told In The Dark"

Please join **M.T.W. Cruise** (Melani Cruise), author and family genealogist, on Saturday, September 29, 2007 at 2:00 p.m. at the Culpeper County Library, where she will share her Culpeper family history and how it culminated in the debut writing of her self-published book: *The Truth Is The Light If It's Told In The Dark*. The seeds of family pride and the preservation of family history were planted at an early age and transpired into a deep desire to re-trace her Culpeper family roots. Mrs. Cruise is the great-granddaughter of Culpeper native and merchant, John Thomas Jackson, Virginia's first official African-American postmaster. In addition, she will give insight into her research methods and offer tips on overcoming some of the obstacles faced by the African-American researcher in tracing ancestors prior to the Civil War.

Mystery Author Maureen Robb

Mystery author Maureen Robb will talk about her debut novel and the story behind it at 2:00 p.m. on Sunday, October 21st at the Culpeper County Library.

Robb, who lived in San Francisco for many years before relocating to the Roanoke Valley, has based her new mystery series in California.

Patterns in Silicon, the first book in the series, introduces Lea Sherwood, chef-owner of a San Francisco restaurant, whose life unravels when a Silicon Valley CEO dies of poisoning over dinner. The book takes readers inside the world of San Francisco foodies and restaurants, as well as behind the scenes in Silicon Valley, with its rogue executives, wannabe millionaires, and cocky software wizards. Robb says her story might be described as Julia Child meets *The Firm*.

NPR's *Studio Virginia* called the book "a real page-turner," and Robb recently appeared on CBS' *This Morning Virginia* in Richmond. She has been interviewed on the PBS regional program *Voices in Mystery*, and *The Roanoke Times* and other Virginia newspapers have done articles on her.

A native of Maine, Robb graduated from Fordham University in New York. She is the former editor of a San Francisco newspaper and has written for a variety of newspapers and magazines.

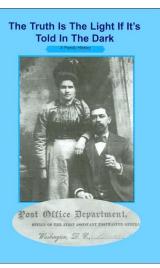
Copies of Ms. Robb's book will be available for purchase, and she will be signing her book following her talk. Please register by calling the Library at 825-8691.

Old Dominion Songsters: Traditional Blues in Virginia

From October through December, the Culpeper County Library will feature this traveling panel exhibition on loan from The Library of Virginia.

Using rare photographs and images of important blues recordings, *Old Dominion Songsters* offers biographies of Virginia blues legends such as John Jackson, William Moore, John Cephas, Carl Martin and Stephen Tarter. The exhibition examines the social milieu of blues music in Virginia, including the house party tradition, music in the mountains and its connection to old-time music and the migration of artists to northern cities.

Old Dominion Songsters developed out of an ongoing project sponsored by the James River Blues Society and led by Library of Virginia historian and blues guitarist Gregg Kimball. Begun in 2001, the Old Dominion Songsters project honors the founders of Virginia blues and highlights the importance of the East Coast or Piedmont blues tradition and guitar style. In addition to publishing a brochure on Virginia blues, the Society has launched an ongoing campaign to erect state historical markers. Two artists—Luke Jordan in Lynchburg and Carl Martin in Big Stone Gap—have been honored with markers. The Library of Virginia's 2002 exhibition, Virginia Roots Music: Creating and Conserving Tradition, also contributed to the content of Old Dominion Songsters.





Classical Guitar with Taste of Jazz



Join Classical Guitarist Kevin Hubbard on **Sunday, November 11**th **at 2:00 p.m**. for a performance featuring classical pieces from various eras, a jazz standard, and original compositions which combine classical, jazz and folk styles. The composers of the classical pieces are from Spain, Italy, Asia and the Americas.

A native of Duxbury, Massachusetts, Kevin began playing the guitar at age 18, dividing his energies among rock, jazz and classical styles. His formal training has included private lessons with a former student of Julian Bream, Hugh Geoghegan; arch guitar pioneer Pe ter Blanchette; jazz guitarists David Paulson and John Damian; and award-winning composer and jazz guitarist Whitman Brown.

During the late nineties, Kevin began to focus on the Spanish-style classical guitar, study ing with Boston-area guitarist John Muratore, and attending an Eliot Fisk-hosted master class in Granada, Spain. In the Spring of 2002, Kevin received a Bachelor of Arts degree in music (magna cum laude) from the University of Massachusetts, where he studied with highly acclaimed acoustic guitarist Peter Janson.

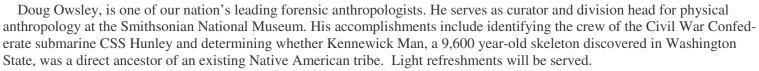
In April 2003, Kevin released his debut CD, entitled *Aspirations*. The recording, which fea tures the music of 14 composers along with the original title track, has received airplay throughout the United States and Canada, was featured on WBZ-Boston's "Jordan Rich Show", and received a very favorable review in the March 2005 issue of 20th Century Guitar magazine. In January of 2006, Kevin released his second CD, a reissue of a 1981

recording, entitled *Avenues*. The disc features Kevin's original jazz and rock compositions performed on electric guitar with ensemble. Both compact discs will be available for purchase after the performance. Visit Kevin's web site at http://www.kevinhubbard.net for more details.

Free tickets for this performance will be available beginning Monday, October 15 at the Circulation Desk. For more information, please call the Library at 825-8691.

Doug Owsley Returns.....

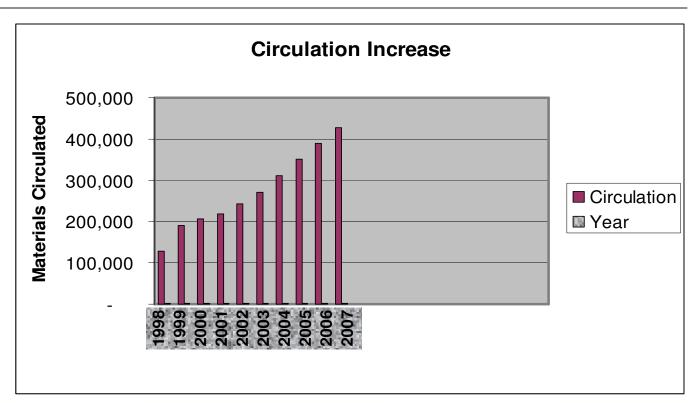
The Culpeper Library is pleased to announce the December 2nd return visit of Doug Owsley to share his anthropological research at Jamestown and other 17th century findings. Further details will be announced later in local newspapers and at the Library.





Your Library has been growing!

The Library has been growing along with the Town & County. Our circulation has increased from 129,399 in 1998 (the year we moved to the present location) to 426,734 in the year ending June 30, 2007 This includes all materials, such as books, DVD's audio books, educational software, etc.



Culpeper County Library

271 Southgate Shopping Center

540-825-8691



Technology at the Library

The Library would like to remind you that we have Wi-Fi, or wireless Internet service, for anyone with a wireless connection to their laptop or PDA. The Library has had a T-1 since we opened in 1998. Printers are available for Wi-Fi.

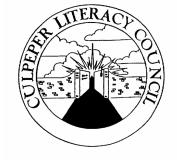


Watch for our most recent additions as we continue to meet your latest technological needs.



Downloadable audio books and videos – more information will be published online in our latest e-newsletter.
Subscribe today at cclva.org

We anticipate these new services to be available sometime in late September.



CULPEPER LITERACY COUNCIL

ILLITERACY AFFECTS EVERYONE. YOU CAN HELP. WE CAN SHOW YOU HOW.

We offer free one-on-one tutoring for those who wish to learn to read, improve their literacy skills, or learn English as a second language. We also have a daytime GED class, and offer GED tutoring to inmates in the local jail. We have EL Civics Classes available as well.

415 South Main Street, Suite 204 Culpeper, Virginia 540-825-5804





KID CENTRAL

Before and After School Program

KID CENTRAL 1401 Old Fredericksburg Road Culpeper, VA 22701

(540) 829-2124 Kidcentralculpeperva.com

Ages 5-12 years

Director Dorenda Pullen

AFTER SCHOOL SITES

A.G. Richardson 717-5241 **Emerald Hill** 937-7361 ext. 3945 **Farmington** 717-5246 **Pearl Sample** 829-2175 **Sycamore Park** 829-2185

KID CENTRAL IS ALSO OPEN:

- October 26
- November 6
- November 19-21
- December 24, 27, 28, and December 31

KID CENTRAL IS CLOSED:

- November 22 & 23
- December 25 & 26
- January 1

Fall 2007

A FUN FALL WITH FRIENDS

After A Long Day At School...Recreation through time with friends is what Kid Central is all about!

KID CENTRAL Before & After School Programs at each of the five (soon to be six) elementary schools has a line up of Fun, Fun, Fun with your child in mind.

The Before School Pro**gram** (6:30a.m.– until school begins) features time with friends to play games, review homework, free art time and group games.

The After School Program (school dismissal until 6:30p.m.) includes:

snack; homework; group play both in the gym and outside; special sports teams & games; cooking projects; craft projects;

science club & activities; theme class; 4-H Clubs; talent shows; Friendship Club and other requested

Each Month a birthday cake for snack time will celebrate the birthdays of the students that month, as well as special holiday celebrations & parties.

The Staff of KID CEN-TRAL stand ready to introduce the children to new games, activities and to introduce each of them to their new friends!

by Susan Hensley



The

Theme this fall will focus on Great American Inventors and will encourage our students to create their own inventions. Whether wacky, wild or practical, every inventor will be encouraged to participate.

Please join us for a "Fun Fall with Friends" **KID CENTRAL Before** & After School Programs.

Registration Begins August 13th and at the **Meet the Teacher Pro**grams at each school.

TEACHER WORKDAYS & SCHOOL HOLIDAYS

KID CENTRAL MAKES days. Kid Central will gather at radio stations, TV stations or EVERY EFFORT to be open, even when there is no school. (See list to the left) Location for school closing days will be announced, and parents must pre-pay and pre-register for children to attend these

one school location on these days with a twelve-hour schedule of activities in place. Some of these days may include field trips out of town, so reservations are a must! For inclement weather please tune in to local

call our main office 829-2124 for the recorded message of KID CENTRAL'S opening

We Look Forward To Serving Our Home Town Families of Culpeper County!

Virginia Cooperative Extension Services



Virginia Cooperative Extension

Knowledge for the CommonWealth



"Learn By Doing"
Cristy Nibblins, Extension Agent, 4-H Youth Development
Debi Blase, 4-H Program Assistant

"Learn By Doing" is a commonly used expression in 4-H. So, why and how is this learning model important? Well, first I think a definition of 4-H would be helpful. 4-H is a community of young people across America learning leadership, citizenship, and life skills. So, now it makes sense right? How can you teach leadership, or citizenship, or life skills in a formal setting? Youth must be given the opportunity to have experiences outside of their everyday routine in order to build character and gain knowledge about the world and about themselves.

Now, what does 4-H have to offer my child? Well, when most people think of 4-H, they think of animals. OK, that's true. We do offer a wide variety of opportunities for those who have, or are interested in, animals. When you think of it, what better way to gain character and responsibility than by raising and showing an animal!

We also, however, are in tune with the needs of our community. We know that Culpeper is an area of varied interests and needs, and we are able to provide resources in a wide variety of subject areas that can help to meet those needs. Materials are available in the areas of animal science, careers and economic education, citizenship, communication and expressive arts including photography, public speaking, fashion design and performing arts. We also offer resources in family science, health and nutrition, environmental education, plants, soils, and ento-

mology, science and technology, and leadership and personal development which include character building.

4-H is an organization led by volunteers. The number of hands-on learning opportunities we can offer our youth is only limited by our number of adult volunteers. In order to volunteer you must only have a desire to enrich the lives of youth by sharing your hobbies or interests.

In our area, 4-Hers participate in 4-H clubs, County events, camps, workshops, and educational programming in schools. We are currently seeking volunteers interested in beginning 4-H clubs in all subject areas, including clubs. How about a photography or multi-media club? What about a home school group that can meet to provide supplemental education? What about a school enrichment program (which can be catered to SOLs) in money management or environmental education or embryology? What about being a one time volunteer? Did you enjoy summer camp as a child and want to come as a chaperone? Could you help with a Share-the-Fun Talent Show once a year? Also, if you are a teacher in a public or private school, please contact us for resources which you can use in your classrooms to provide hands-on learning for your students.

4-H volunteers are trained and mentored by 4-H staff that can provide as little or as much support as you need. Help us to develop our greatest investment-our children.

To become a volunteer or join Culpeper 4-H, contact Virginia Cooperative Extension at 540-727-3435.

Become a Savvy Consumer

Linda G. Murphy, Senior Extension Agent Family & Consumer Sciences

Becoming aware of ,and staying up-to-date with, good consumer advice when making purchases of goods and services takes time and effort. It is challenging to sort through the abundance of information to know what to believe in order to make an informed decision. Further compounding the situation is that sometimes we are in the midst of a transaction when we are thrown an unexpected option.

Every year the U.S. General Services Administration publishes the <u>Consumer Action Handbook</u>. The book is full of tips on shopping for major purchases of consumer products and services, what to consider with contracts, credit and credit management, and how to seek recourse in the event you are less than satisfied.

The 2007 edition lists Quick Consumer Tips related to making purchases of goods and services. First and foremost, a deal that sounds too good to be true usually is. This can be anything from work-at-home schemes to 'free' anything. Also included are extended warranties or service contracts. A list of questions is provided that should be asked prior to agreeing to such deals. Credit insurance offers with all forms of credit may be better served by purchasing regular property, life or disability insurance. A commonly misunderstood feature offered with some sales is the three-day cooling off period. It only applies to certain contracts. Protect your privacy and avoid unauthorized use of your personal information. Payday and tax refund loans can be very costly. The liability on the use of plastic cards differs depending on the type of card: credit, debit, gift. When buying a home, a real estate agent represents the seller. Unless you con-

tract with an agent to be your buyer this can be confusing to many home buyers. Home improvement and auto repairs top the list of many state attorney general's office of consumer complaints; tips are offered to help reduce the possibility. Rent-to-Own contracts need to be read carefully and compared to purchase-on-credit. The interest rate can be very high. And the list goes on.

Throughout the handbook there are a lot of useful hints to help you make the best decisions related to your money. Following the advice should help you decrease your chances of being snared by shady deals or scams. It includes items from banking to wills and funerals. The handbook is available at no charge –your tax dollars at work for you! It may be ordered on line at www.ConsumerAction.gov, or by writing Handbook, Federal Citizen Information Center, Pueblo CO 81009, or by calling 1-888-878-3256.

Upcoming FCS Programs:

Parenting Cooperative Program with A Taste of 4-H

Thursdays: September 27, October 4,11,18,25, & November 1

Or

Saturdays: September 29, October 6, 13, 20, 27, & November 3

Discipline is NOT a Dirty Word

Saturdays: September 29 **or** November 10. Call the office at 540-727-3435 for registration information.

If you are a person with a disability and desire assistive devices, services, or other accommodations to participate in any activities offered by the Culpeper Office of Virginia Cooperative Extension (VCE), please contact the Office one week prior to this activity or event, at 540-727-3435 during business hours of 8:00 a.m. to 5:00 p.m., Monday through Friday, to discuss accommodations.

www.ext.vt.edu

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Virginia Cooperative Extension

Knowledge for the Common Wealth



Forage Bull Test at Lakota

Carl Stafford, Extension Agent, Agriculture & Natural Resources
Animal Science

Until now, the only place in the United States beef producers could find a forage bull test was in Edisto, South Carolina, where Clemson University works with the beef industry to produce these unique bulls. On June 13, 2007, a second forage bull test started here in Culpeper County at Lakota Ranch, where Jeremy Engh and family are conducting a feeding trial that does not include feed bunks, but instead maximizes grazing of high quality forage.

Bull testing in Virginia has been the primary focus of the Virginia Beef Cattle Improvement Association and allows beef breeders to compare their cattle to other breeders' cattle. Performance measures are taken based primarily upon average daily gain but also to include carcass traits like ribeye area and fat thickness. Expected progeny differences (EPD's) are used to help predict the young bull's potential. The bull test puts all of the animals in the same environment and then measures their differences. These differences are important to buyers in making purchasing decisions.

Traditional bull tests include feeding management that has been modeled after the usual approach of cattle feeding found in beef feedlots. While the bulls are not finished, they are challenged by the ration to express their feedlot potential. Offspring from these bulls are then expected to perform in the feedlot like their sire. This a logical approach, if you think about the beef feeding industry. Hundreds of thousands of cattle are in feedlots across the country eating high starch diets so that beef packers have enough high quality, young, tasty, tender, juicy beef to satisfy consumer demand. High grain diets get the cattle to this end point quickly and produce a product the market demands.

Forage finishing of beef cattle is currently a niche market but one with huge health benefits to humans. University studies show taste test panels cannot tell the difference between forage and grain finished beef, and that chemical measures taken find higher levels of omega 3 fatty acids as well as higher levels of conjugated linoleic acid (CLA). Both omega 3's and CLA are associated with improved human health. CLA was shown in European studies to have anticarcinogenic properties, and omega 3's are recommended by dieticians and doctors.

How does all of this relate to a forage bull test? For now the focus is on the end product. The forage bull test will showcase 2-year-old and 18-month-old bulls whose genetic make-up allows them to perform well on grass. Industry experts say that gains in the feedlot are highly correlated with gains on grass. Why bother with grazing if performance on grain is an indicator of performance on grass? A forage tested bull is expected to be different from a grain tested bull. He will be older and he will have matured out on pasture under different conditions, when compared to traditional tests.

The Lakota Bull Test just put 39 bulls on test this past week with breeds to include: Angus, Braunvieh, Devon, Hereford, and Tarentaise coming from Virginia, Maryland, North Carolina and Georgia. The bulls are expected to be ready for sale to interested buyers by early December 2008. That's right, 2008! The fall born bulls will be around 2 years old and the spring group will be around 18 months.

Stay tuned and watch for announcements sharing progress in the second forage bull test in the country located here in Culpeper County at Lakota Ranch, home to Jeremy Engh and family. Search for Lakota Bull Test on the internet for more information.

www.ext.vt.edu

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Beginning Farmer 101 Workshop

Peter Callan, Extension Agent, Agriculture & Natural Resources Farm Business Management

Urban residents from the metropolitan Washington, D.C. area are purchasing farms and farmettes in rural counties of Northern Virginia. Many new landowners are contacting Virginia Cooperative Extension regarding potential agricultural enterprises they could implement on their land.

Virginia Cooperative Extension has developed a Beginning Farmer 101 Workshop for new landowners who are interested in starting agricultural businesses. The program covers the following topics: basic agronomy, commercial horticulture, animal agriculture, equine production and farm business management over a five-week period. The session on farm business management began by asking participants a basic question: how much money do you want to make as a farmer? By determining the amount of money they wanted to earn, the new farmer could select an enterprise which generates the necessary income. The following topics were discussed: enterprise selection, markets, product pricing, writing business plans, record keeping, sources of credit, insurance and determining the long-term viability of the business

A Beginning Farmer 101 Workshop was held in Fauquier County in January and February 2007. Workshop participants stated they gained increased awareness of the factors they need to consider when contemplating setting up agricultural enterprises on their land. I would like to conduct a five session Beginning Farmer 101 Workshop in Culpeper during January and February 2008. If you would like to participate in this program, please contact me at the Culpeper Virginia Cooperative Extension office: 101 S. West St., Culpeper, VA 22701 (540) 727-3435 Ext: 342; Fax: (540) 727-3451; peter.callan@vt.edu

Are You

- A small business owner?
- Thinking about starting a small business?
- In need of help with your new business idea?

Join Us
At the
"Entrepreneurs Forum"
and
Brown Bag Lunch

The Culpeper County Department of Economic Development is coordinating a series of meetings to assist small business entrepreneurs. Whether you have an operating business, are just starting your business, or are thinking about starting a business, the Entrepreneurs Forum is for you. We will engage in open and informal discussions with your peers; provide opportunities for mentor interaction and experiences; and arrange for expert presentations on a wide range of subjects that affect the success of a small business. Best of all you, the entrepreneur, will help decide the topics and content of the discussions and presentations.

Join us from 12 noon to 1:00 p.m. on the 3rd Friday of each month in Room 221 at the Germanna Center for Advanced Technology. Don't forget your brown bag lunch.

Call (540)727-3410 for more information.



763 Madison Road, Suite 208/209 • Culpeper, VA 2270 I (540) 829-2065 • FAX: (540) 829-0297 www.healthyculpeper.org

TEEN/PREVENTION COALITION



You Can Become an Artist Too— Healthy Culpeper After School Arts Program

Available free of charge (donations appreciated) to middle and high school students who reside in Culpeper County. Supplies and instruments included (as available).

Classes held on CCPS grounds with access to transportation.

On-Site Coordinator offering Structured Activities.

Multiple Classes available First-Come, First-Served basis.

Registration Form available in August at our website

For additional information, contact our Program Coordinator:

Denise Walker, (540) 829-2065 x2313

walker@hfculpeper.org